| CHARDIATE AND | Roll No.           |             |       |
|---------------|--------------------|-------------|-------|
| TAMABAD SOUCH | Sig. of Candidate. | great rette | TYMA, |

| Answer Sheet No     | 1 |
|---------------------|---|
| Sig. of Invigilator |   |

## OPHTHALMIC TECHNIQUES HSSC-II

### SECTION - A (Marks 20)

Time allowed: 25 Minutes

NOTE:- Section—A is compulsory and comprises pages 1-2. All parts of this section are to be answered on the question paper itself. It should be completed in the first 25 minutes and handed over to the Centre Superintendent. Deleting/overwriting is not allowed. Do not use lead pencil.

| Q. 1 | Circle | the co | orrect option i.e. A / B / C / D. Each part of | carries | s one mark.                       |
|------|--------|--------|--|---------|-----------------------------------|
|      | (i)    | Glau   | coma may be due to                             |         |                                   |
|      |        | A.     | Raised intraocular pressure                    | B.      | Decreased ocular pressure         |
|      |        | C.     | Decreased production of aqous                  | D.      | Vitamin A deficiency              |
|      | (ii)   | In ca  | se of iridocyclitis there is                   |         |                                   |
|      |        | A.     | Ciliary congestion                             | В.      | Congestion in fornices            |
|      |        | C.     | No congestion of blood vessels                 | D.      | Aquous is clear                   |
|      | (iii)  | Steri  | lization in autoclave needs                    |         |                                   |
|      |        | A.     | High temperature and pressure                  | В.      | High temperature but low pressure |
|      |        | C.     | Antibiotics                                    | D.      | Electric current                  |
|      | (iv)   | Presi  | byopia occurs                                  |         |                                   |
|      |        | A.     | In females only                                | В.      | In children                       |
|      |        | C.     | After 40 years of age in both the sexes        | D.      | Below 30 years of age             |
|      | (v)    | Raise  | ed IOP, pain and visual field defects occur    | in      | Bylli V                           |
|      |        | A.     | Glaucoma                                       | В.      | Iridocyclitis                     |
|      |        | C.     | Cataract                                       | D.      | Vitamin A and D deficiency        |
|      | (vi)   | Conj   | unctival congestion in case of allergic state  | s is fo | und                               |
|      |        | A.     | Behind the limbus                              | В.      | All around limbus                 |
|      |        | C.     | In fornices                                    | D.      | Tarsal conj. of upper lid         |
|      | (vii)  | Forw   | ard displacement of the eye ball is called_    |         | Cope III.                         |
|      |        | A.     | Proptosis                                      | В.      | Exopthalmos                       |
|      |        | C.     | Ptosis   | D.      | Lagopthalmos                      |
|      | (viii) | Ever   | sion of the upper lid is held in position due  | to      | Williams of the second            |
|      |        | A.     | Tarsal plate                                   | В.      | Meibomian glands                  |
|      |        | C.     | Orbicularis                                    | D.      | Rectus lateralis                  |
|      | (ix)   | What   | t is NOT done in stye?                         |         |                                   |
|      |        | A.     | Hot fomentation                                | В.      | Cold compresses                   |
|      |        | C.     | Local and systemic antibiotics                 | D.      | Pain killers                      |
|      | (x)    | Pus i  | n the anterior chamber is called               |         |                                   |
|      |        | A.     | Hyphaema                                       | В.      | Hypopion                          |
|      |        | C.     | Glaucoma                                       | D.      | Trachoma                          |
|      | (xi)   | What   | t is the power of normal lens?                 |         |                                   |
|      |        | A.     | 18 to 20 diopters                              | В.      | 15 diopters                       |
|      |        | C.     | 10 diopters                                    | D.      | Zero                              |

# DO NOT WRITE ANYTHING HERE

|        |   | h is most common eye disease?         |               | Local Control                       |  |  |  |
|--------|---|---------------------------------------|---------------|-------------------------------------|--|--|--|
|        | A.  | Glaucoma                              | В.            | Night-blindness                     |  |  |  |
|        | C.  | Cataract                              | D.            | Ophthalmia                          |  |  |  |
| xiii)  | Thickest corneal opacity is called                            |                                       |               |                                     |  |  |  |
|        | A.  | Nebula                                | В.            | Macula                              |  |  |  |
|        | C.  | Leukoma                               | D.            | Blepharoma                          |  |  |  |
| xiv)   | Norm  | nal IOP is in range of                |               |                                     |  |  |  |
|        | A.  | 14 to 20 mm Hg                        | В.            | 20 to 25 mm Hg                      |  |  |  |
|        | C.  | 25 to 30 mm Hg                        | D.            | None of these                       |  |  |  |
| (xv)   | In optic chiasma  |                                       |               |                                     |  |  |  |
|        | A.  | Temporal fibres cross                 | В.            | Nasal fibres cross                  |  |  |  |
|        | C.  | All fibres cross                      | D.            | No crossing occurs                  |  |  |  |
| xvi)   | Small rounded swelling in upper lid may NOT be                |                                       |               |                                     |  |  |  |
|        | A.  | Stye                                  | В.            | Chalazion                           |  |  |  |
|        | C.  | Tumor                                 | D.            | Leukoma                             |  |  |  |
| xvii)  | What is TRUE about sub-conj. haemorrhage?                     |                                       |               |                                     |  |  |  |
|        | A.  | Can occur after blunt trauma          | B.            | Can occur in fracture base of skull |  |  |  |
|        | C.  | In bleeding disorders                 | D.            | All of these                        |  |  |  |
| xviii) | Wha   | t is the downward displacement of eye | e-lid called? | ?                                   |  |  |  |
|        | A.  | Stye                                  | В.            | Chalazion                           |  |  |  |
|        | C.  | Proptosis                             | D.            | Ptosis                              |  |  |  |
| xix)   | The   | A-vascular structure is               | _             |                                     |  |  |  |
|        | A.  | Cornea                                | В.            | Choroid                             |  |  |  |
|        | C.  | Retina                                | D.            | Sclera                              |  |  |  |
| xx)    | Sudden loss of all vision in one eye without trauma is due to |                                       |               |                                     |  |  |  |
|        | A.  | Cataract                              | В.            | Retinal detachment                  |  |  |  |
|        |   | Glaucoma                              | D.            | Blepharitis                         |  |  |  |



## OPHTHALMIC TECHNIQUES HSSC-II

Time allowed: 2:35 Hours

Total Marks Sections B and C: 80

NOTE:- Answer any ten parts from Section 'B' and any three questions from Section 'C' on the separately provided answer book. Use supplementary answer sheet i.e. Sheet-B if required. Write your answers neatly and legibly.

#### SECTION - B (Marks 50)

#### Q. 2 Attempt any TEN parts. The answer to each part should not exceed 2 to 4 lines. $(10 \times 5 = 50)$

- (i) How does aquous humor form and circulate?
- (ii) What is Cataract? Write down its causes and prevention?
- (iii) What are the causes of Epiphora? Write down the normal passage for tears flow.
- (iv) What is Trachoma? How can it lead to blindness?
- (v) How will you manage a drug reaction to the eye?
- (vi) List the drugs used in the eye with their actions.
- (vii) What can be the sequelae of a penetrating injury to the eye-ball?
- (viii) Write three differences between "Herpez Zoster and Simplex"?
- (ix) Write a brief note on "Retinal Detachment".
- (x) Give three differences between "Ciliary" congestion and "Conjunctival" congestion.
- (xi) List the causes of blindness in Pakistan.
- (xii) What is Myopia? Write its treatment.
- (xiii) List the steps used in cataract operation.

#### SECTION - C (Marks 30)

Note:- Attempt any THREE questions. All questions carry equal marks. (3 x 10 = 30)

- Q. 3 Draw and label the diagram of the "Visual Pathways".
- Q. 4 Write down the sign and symptoms of "Iridocyclitis". Give its treatment.
- Q. 5 What are the properties of light? What is "Visual Spectrum"?
- Q. 6 What is Xerosis? How is the deficiency of vitamin A treated?
- Q. 7 Write down the types of Squint and its treatment.

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